

Expecting Respect is

- peer education – students educating students
- student-led classroom presentations that affect attitudes, dispel myths and provide up-to-date information about youth issues
- an innovative school and community partnership

“80% of the students who received the peer educators’ presentation learned something new and will use the information. The fact that they admit they learn is significant.”

– high school teacher

Expecting Respect is growing!

Initiated by a partnership of community agencies in 1996, the program was originally piloted in four Edmonton schools.

By 2001–2002, Expecting Respect reached:

- 40 schools
- 562 peer educators
- 16,000 junior and senior high school students through presentations

Expecting Respect is linked to the Alberta Teachers’ Association’s Safe and Caring Schools Project.

Community Partners

The following community partners provide direction, lesson plan development, training, program evaluation and ongoing support to schools:

- AADAC, Youth Services
- Alberta Civil Liberties Research Centre
- Canadian Red Cross
- Capital Health, Community Health Services
- City of Edmonton, Community Services
- Planned Parenthood Edmonton
- Sexual Assault Centre of Edmonton

Supporting Partners Include:

- Faculty of Education, University of Alberta

For more information about bringing Expecting Respect to your school, phone: (780) 496-5925 or e-mail: expecting_respect@canada.com



A Peer Education Program

STUDENTS EDUCATING STUDENTS



A peer education program promoting healthy decisions and positive relationships

Students

EDUCATING

Students

Expecting Respect Benefits...

Students

- presents peer educators as role models and credible sources of information
- increases awareness, leading to healthy decision making
- offers lesson plan topics based on issues relevant to students*

"The peer educators were interesting and our age and they understood us well."

– female junior high student

Senior high topics

- sexual health and reducing your risks
- sexual health and decision making
- harassment
- healthy relationships
- tobacco and social injustice



Junior high topics

- healthy relationships
- bullying
- media
- tobacco
- drugs, alcohol and gambling



Teachers and Schools

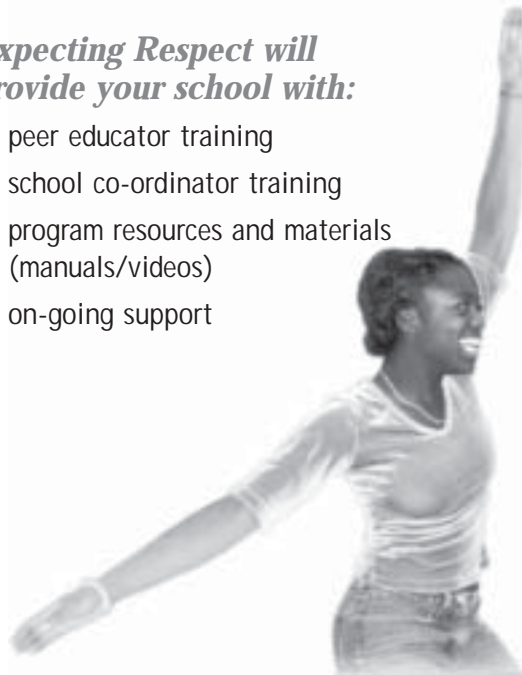
- provides an alternative learning strategy
- ties into many curriculae – science, English, phys-ed, health, CALM, religion and more
- strengthens school climate and community connections

"Expecting Respect has been a huge self esteem builder...the opportunity for change is great."

– high school teacher

Expecting Respect will provide your school with:

- peer educator training
- school co-ordinator training
- program resources and materials (manuals/videos)
- on-going support



Peer Educators

- develop leadership and presentation skills
- provide community service, work experience and course credit opportunities
- build confidence and self-esteem



"Students will listen better to a message from us, they don't tune you out like teachers, there is more respect for the information and the message."

– peer educator

Peer education works!

A wide range of research continues to confirm that peer education is effective.

"Research supports the superiority of interactive, peer-led interventions over lecture-style presentation delivered by adult educators."

– Prof. Judy M. Groff, North Carolina State University in "Teens Reaching Youth". *Journal of Extension*, Vol.30, No.4 (1992).

*topics will change according to identified needs